

Fitness for Women of Rwanda

Join us for a drop-in Fitness session to support the
Tubahumurize Association.

Tuesday, June 28 @ 6:00 pm
Saturday, July 30 @ 10:00 am
Tuesday, August 23 @ 6:00 pm

Cost: \$10 per session (all funds will be donated to the Green & Gold Community Garden)

Pick up your fresh produce at the garden after the session!

Sessions will be taught by certified exercise professionals
from the University of Alberta's Campus and Community Recreation.

For more information, please visit www.whymove.com/events



CAMPUS & COMMUNITY
RECREATION